



# **BISPHENOL PEROXIDATION IN WISTAR RATS AND VITAMIN E AS AN ANTIOXIDANT**

**PRESENTING AUTHOR- SAHAJANYA SRIKANTH  
GUIDE- DR. REKHA D KINI  
KMC MANGALORE**

# INTRODUCTION

- Bisphenol A (BPA) is an industrially manufactured chemical and a known pollutant.
- Bisphenol-A (BPA) is found abundantly in hard plastics used to make numerous consumer products such as baby bottles and water bottles.
- BPA exposure during embryonic/fetal periods is associated with tissue oxidative stress and peroxidation which leads to underdevelopment of certain organs including reproductive systems.

- BPA has been shown to dysregulate the cytokines and induce oxidative stress in the brain, liver, and kidneys.
- BPA is also a known endocrine disruptor.
- Antioxidants are best protectors against such oxidative stress.
- Vitamin E is one such dietary antioxidant which is known to decrease the adverse effects of reactive oxygen species produced by chemicals.

# AIMS & OBJECTIVES

# AIM

To study the potential role of vitamin E as an antioxidant on Bisphenol (BPA) induced oxidative stress in wistar rats

# OBJECTIVES

1. Study the damaging effect of Bisphenol on testicular parameters.
2. Study the role of vitamin E on Bisphenol induced testicular damage.

# METHODOLOGY



# STUDY DESIGN

**STUDY WAS DONE AFTER APPROVAL FROM INSTITUTIONAL ANIMAL ETHICAL COMMITTEE**

**Animals:** Wistar Albino rats

**Body weight:** 150-200 grams

**Chemicals:** Bisphenol A (CAS NO:80-05-7, CAT No: 31817) from Sisco company and Vitamin E (Evion tablet)

# ANIMAL GROUPING

Animals were divided into the following groups with 6 rats in each group

**Group 1:** Control Group (olive oil given orally) for 3 weeks.

**Group 2:** (Experimental control) vitamin E (100 mg/kg bw/day) dissolved in olive oil treated orally for 3 weeks.

**Group 3:** (Bisphenol treated) Bisphenol (25mg/kg bw/day) dissolved in olive oil orally for 3 weeks.

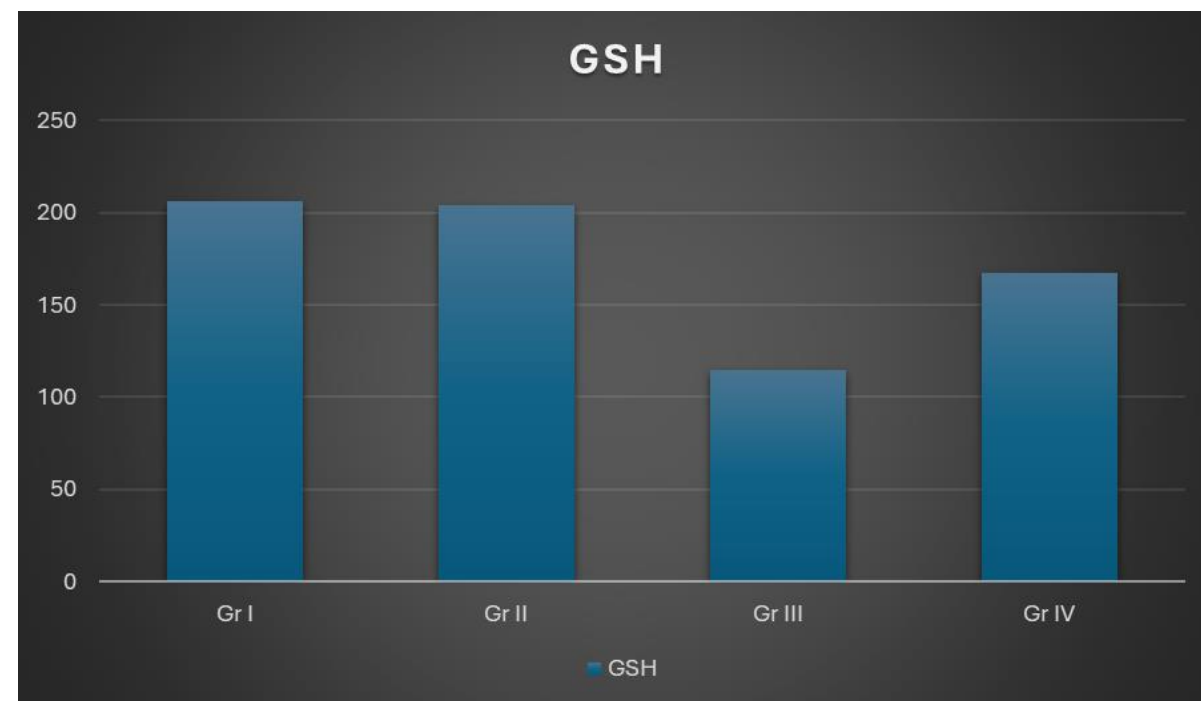
**Group 4:** (Vitamin E + Bisphenol treated group) rats pre-treated with vitamin E (100mg/kg bw/day) along with bisphenol (25mg/kg bw/day) for 3 weeks.

- Animals were euthanised by lethal dose of anaesthesia - Pentobarbitone (40mg/kg BW).
- Tissue level of MDA and GSH, testosterone level, total sperm count, and sperm shape abnormalities were studied.
- Histological assessment was also done.

# RESULTS

# TABLE 1- TESTICULAR TISSUE LEVEL OF GSH

GROUPS	GSH (ug/g tissue)
GR I	206.45±4.53
GR II	204.05±3.88 <sup>NS</sup>
GR III	114.44±3.35 <sup>***</sup>
GR IV	167.14±5.63 <sup>¶¶¶¶</sup>



Values are express as Mean±SEM. (n)=6.

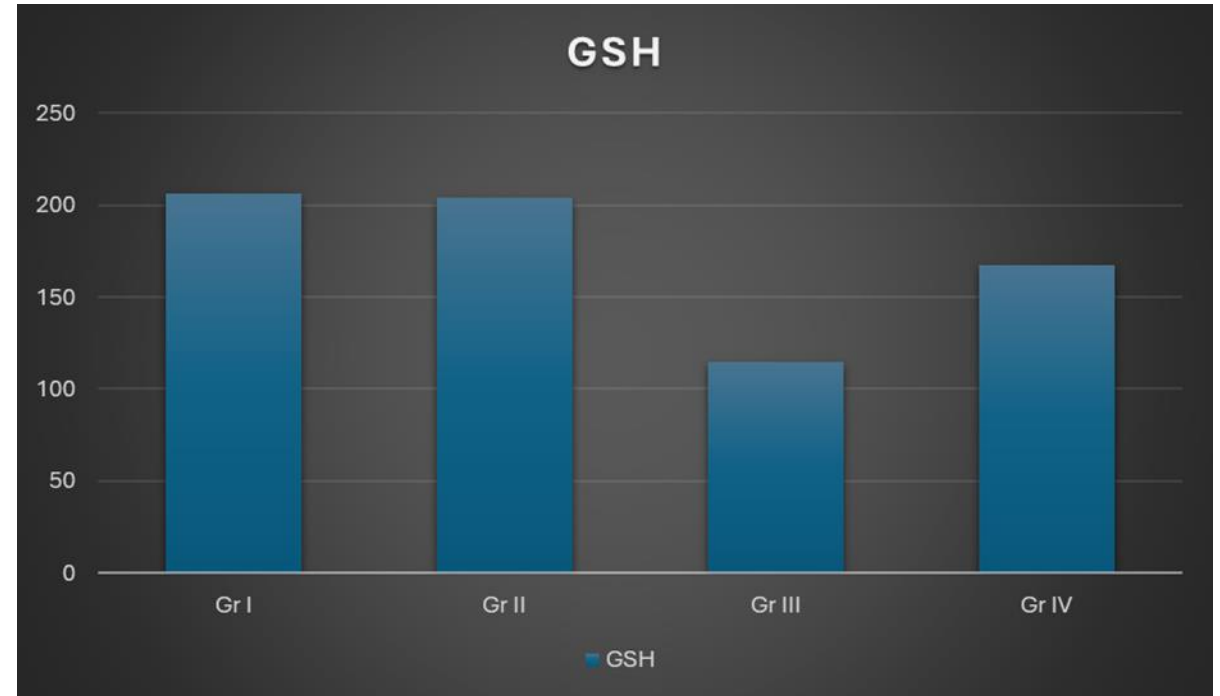
P <0.05 is taken as significant.

NS (not significant) GR.I versus Gr.II & Gr. III versus Gr.IV

\*\*\*P<0.0001, GR.I versus GR.III,

¶¶¶¶P<0.0001, GR.III versus Gr.IV

- Significant ( $p < 0.0001$ ) decrease in the testicular tissue level of GSH when compared to normal control group.
- Treatment with Vitamin E showed a significant increase in testicular GSH level (GR IV) compared to bisphenol intoxicated rats (GR III)



# TABLE 2- TESTICULAR TISSUE LEVEL OF MDA

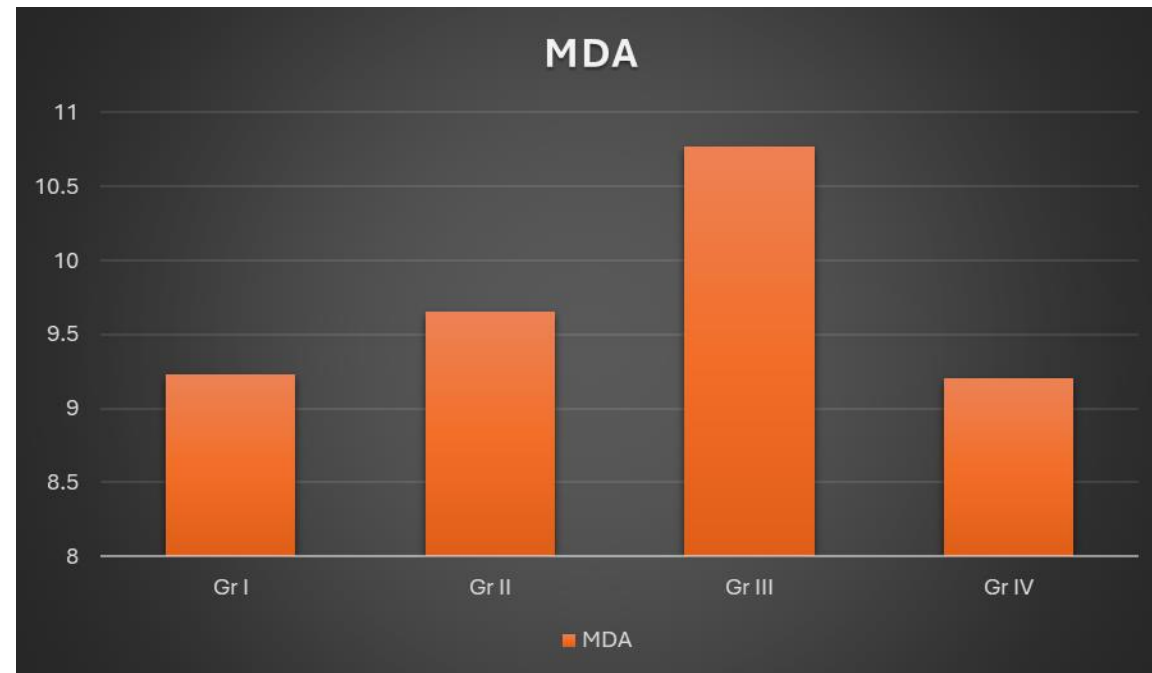
GROUPS	MDA (microgram/gm tissue)
GR I	9.23±0.17
GR II	9.65±0.34 <sup>NS</sup>
GR III	10.77±0.39 <sup>*</sup>
GR IV	9.20±0.22 <sup>NS</sup>

Values are express as Mean±SEM. (n)=6.

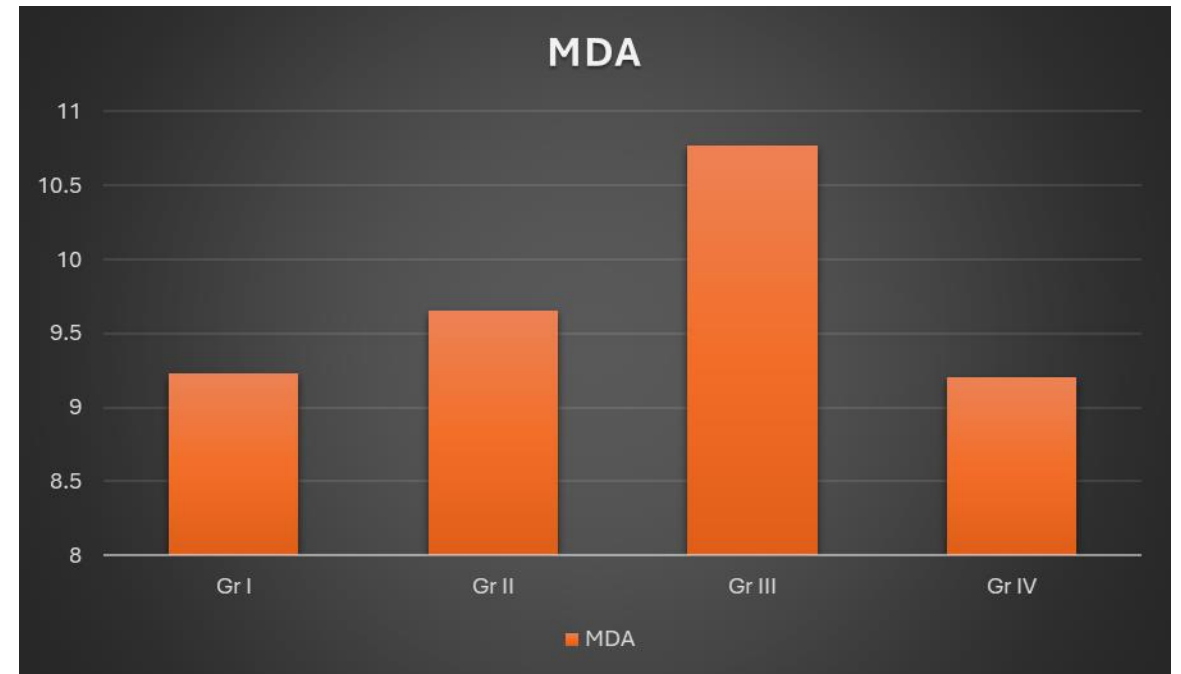
P <0.05 is taken as significant.

NS (not significant) GR.I versus Gr.II & Gr. III versus Gr.IV

\*P<0.05, Gr.I versus GR.III



- Significant ( $p < 0.05$ ) increase in the testicular tissue level of MDA in bisphenol treated group compared to normal control group.
- Treatment with Vitamin E showed a significant decrease in testicular MDA level (GR IV) compared to bisphenol intoxicated rats (GR III)





# TABLE 3-TOTAL SPERM COUNT

GROUPS	SPERM COUNT
GR I	810.45± 5.47
GR II	804.24± 9.14 <sup>NS</sup>
GR III	516.74± 7.43 <sup>***</sup>
GR IV	624.13± 2.88 <sup>¶¶</sup>

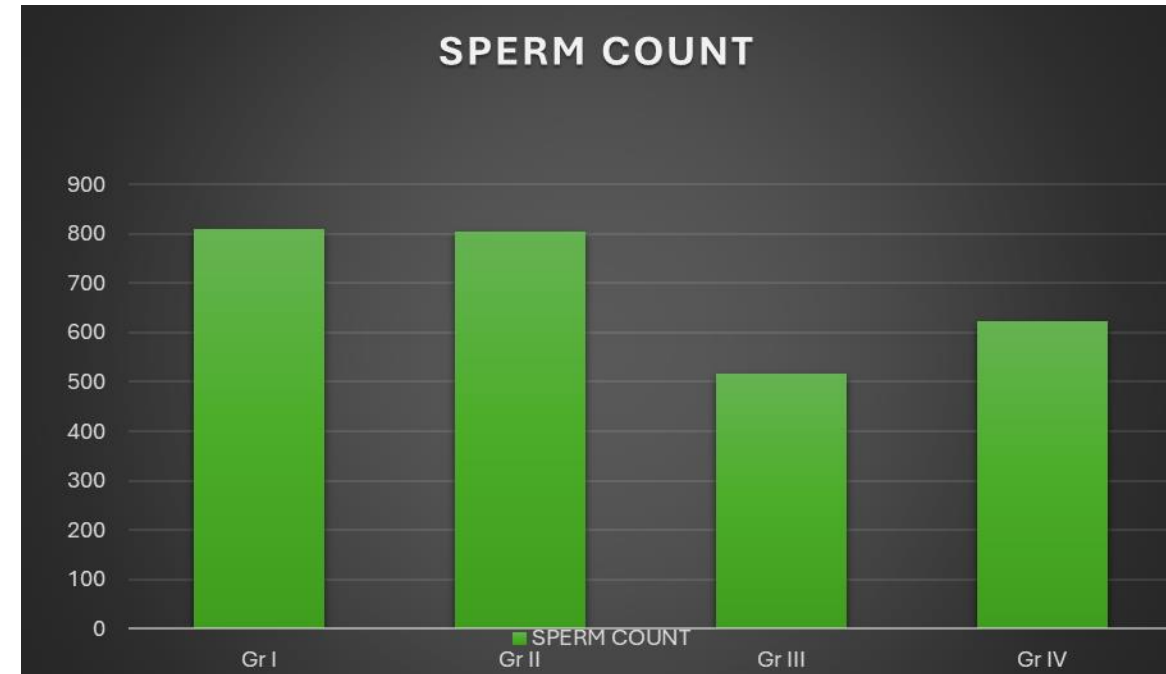
Values are express as Mean±SEM. n=6

P <0.05 is taken as significant

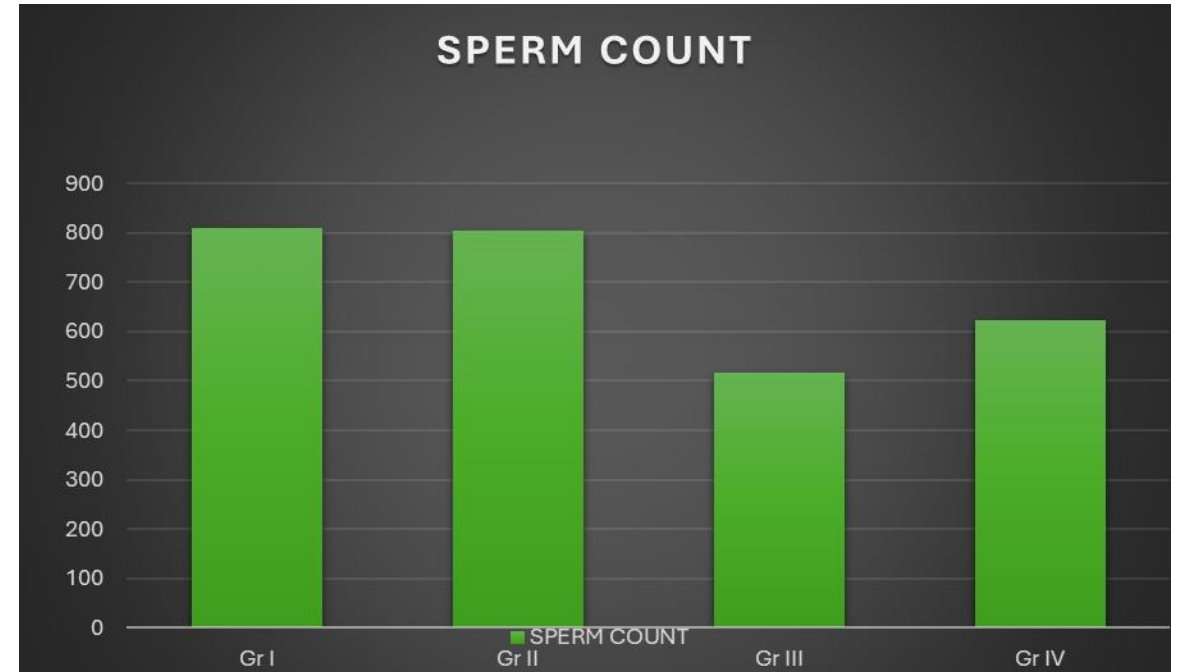
NS(not significant) GR.I versus Gr.II .

\*\*\*P<0.0001, GR.I versus GR.III

¶¶P<0.0003, GR.III versus Gr.IV



- Sperm count ( $p < 0.001$ ) was significantly low in bisphenol treated group compared to normal control group.
- Treatment with vitamin E in bisphenol intoxicated rats showed a significant increase ( $p < 0.0003$ ) in the sperm count compared to bisphenol intoxicated rats (GR III)



# TABLE 4-TESTOSTERONE LEVELS

GROUPS	TESTOSTERONE (ng/ml)
GR I	1.46±0.62
GR II	1.57±0.12 <sup>NS</sup>
GR III	0.69±0.03 <sup>***</sup>
GR IV	1.23±0.02 <sup>¶¶¶</sup>

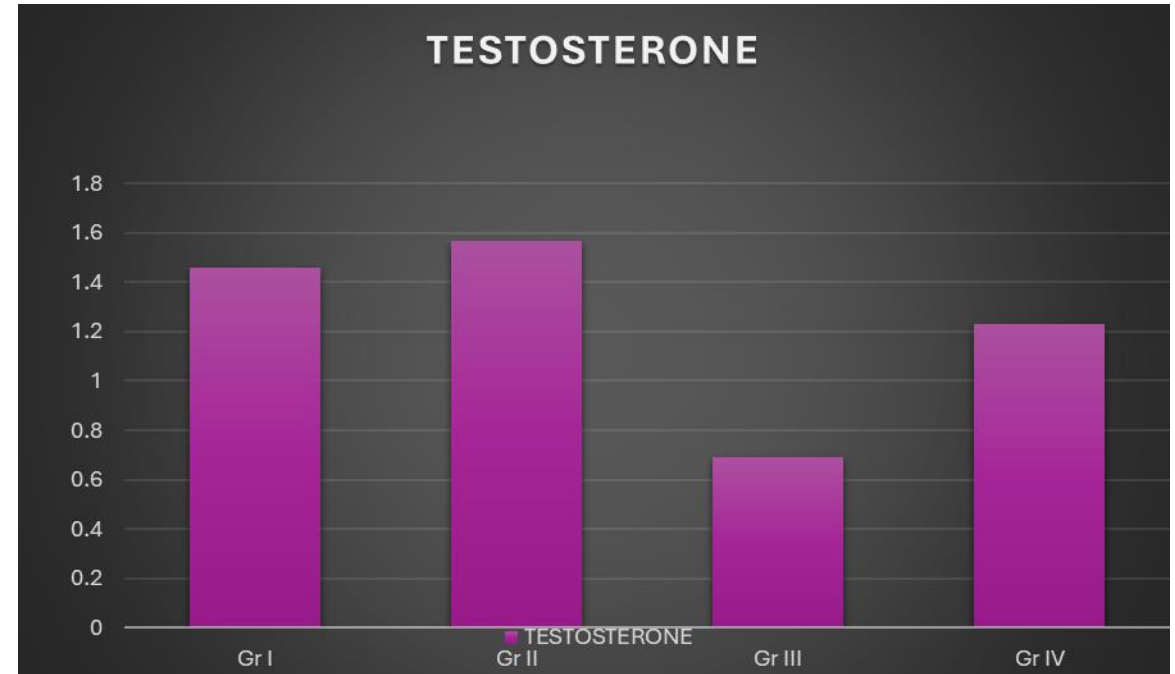
Values are express as Mean±SEM. n=6.

P <0.05 is taken as significant

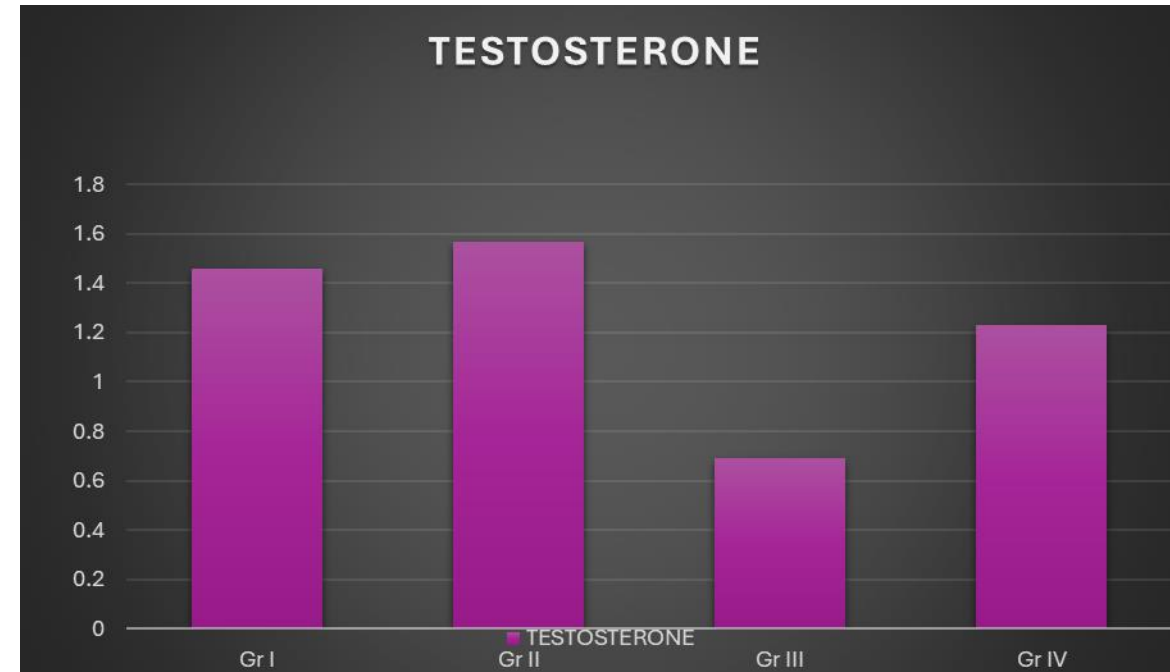
NS(not significant) GR.I versus Gr.II .

\*\*\*P<0.0001, GR.I versus GR.III

¶¶¶P<0.0001, GR.III versus Gr.IV



- Testosterone was significantly low in bisphenol treated group compared to normal control group.
- Treatment with vitamin E in bisphenol intoxicated rats showed a significant increase ( $p < 0.0003$ ) in the testosterone level compared to bisphenol intoxicated rats (GR III)

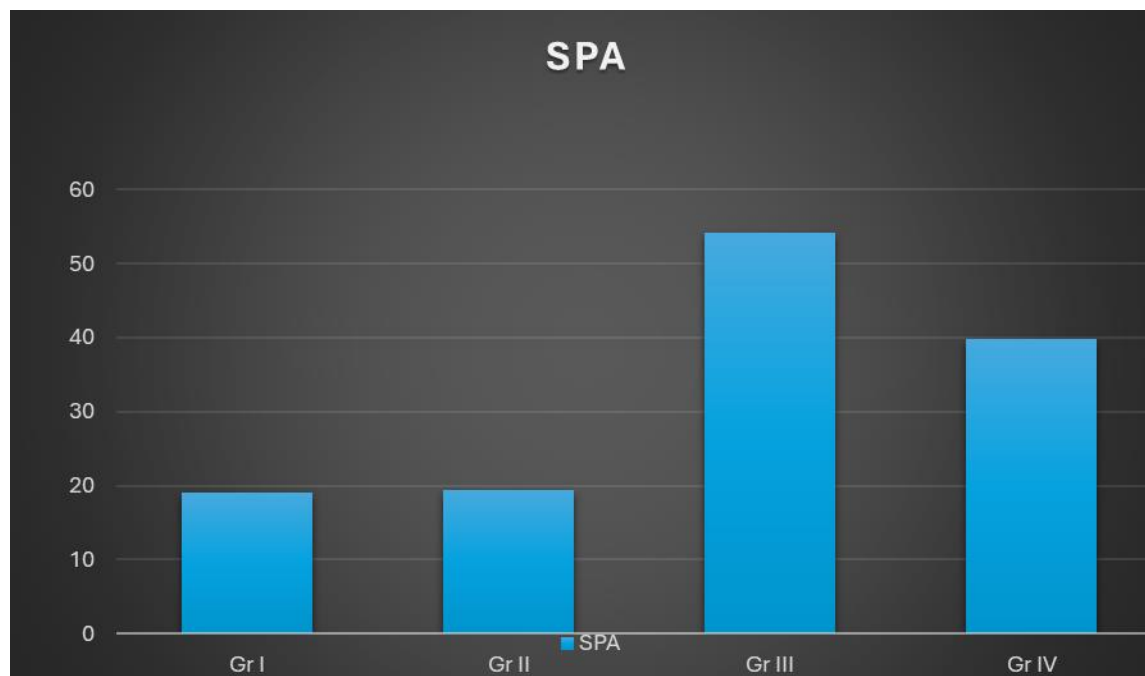


# TABLE 5- SPERM SHAPE ABNORMALITIES

Groups	Normal	HA	TA	MC	CC	Total
Group I	187±3.22	9.83±0.75	8.83±0.75	0.5±1.22	5±0.40	19.06±2.82
Group II	184.26±3.48	9.83±0.75	9.33±1.03	0.83±1.16	1.1±1.09	19.33±3.46
Group III	134.4±1.33***	34.5±1.51	24.83±1.83	4.16±0.75	3.14±0.63	54.22±2.34***
Group IV	149.17±1.82 <sup>¶¶¶</sup>	26.16±1.16	17.83±0.75	1.83±0.40	3.02±0.63	39.77±1.72 <sup>¶¶¶</sup>

HA – Head abnormality, TA – Tail abnormality,  
MC – Microcephaly ,CC – Cephalocaudal junction

Mean ± SEM, n=6 in each group.  
\*\*\*P<0.0001 , GR.I Versus Gr.III,  
<sup>¶¶¶</sup>P<0.0001 Gr.III versus Gr.IV



- Bisphenol intoxicated rats (GR III) showed significant increase in total sperm shape abnormality compared to control groups ( $P < 0.001$ ).
- But a significant decrease in sperm shape abnormality was observed in rats treated with vitamin E.



# HISTOLOGICAL RESULTS

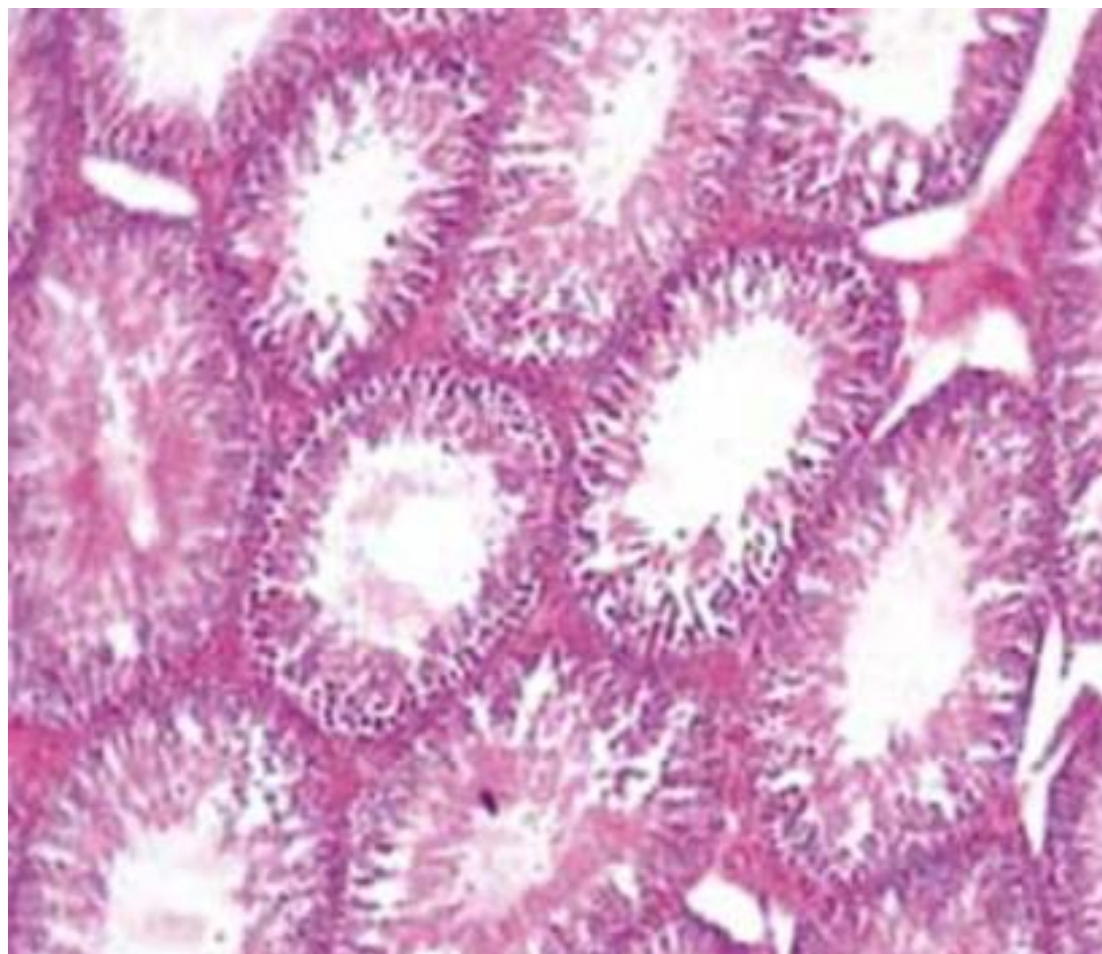


Fig.1. Photomicrograph of rat testis shows normal histological features in normal control group (Group I)



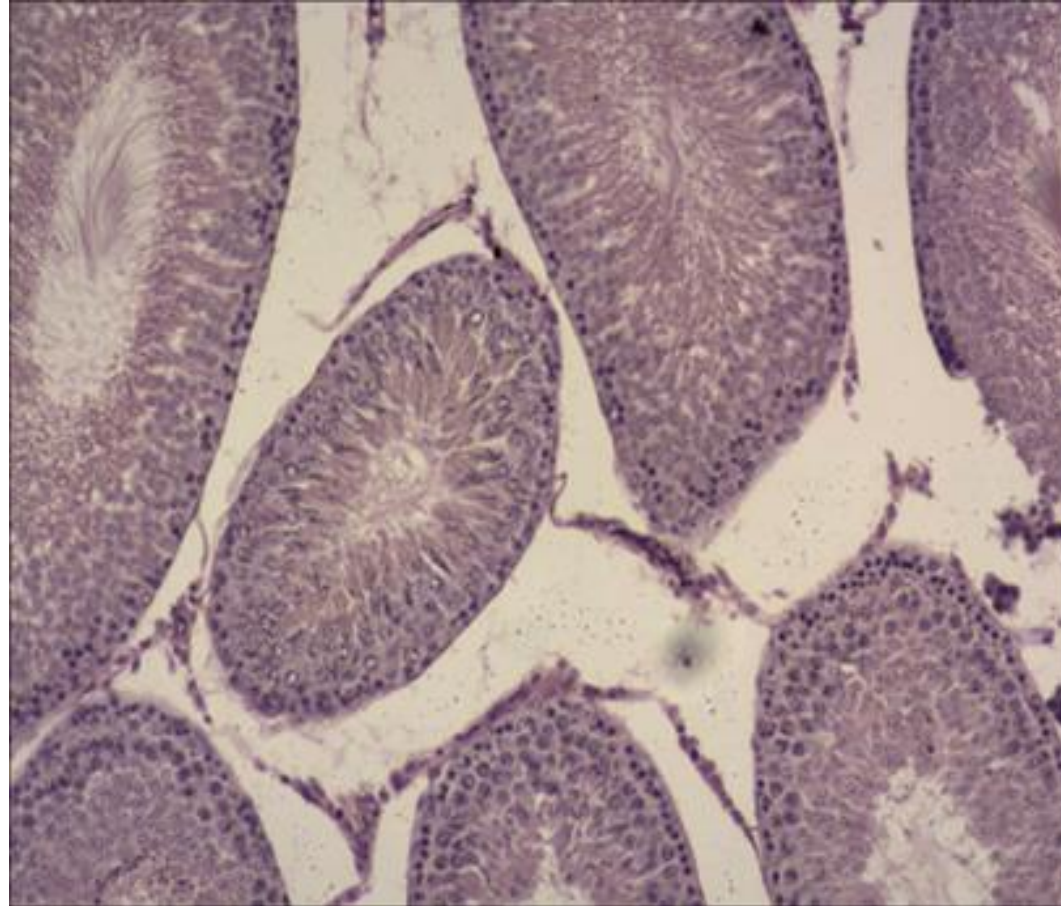


Fig. 2 Photomicrograph of rat testis shows normal histological features in vitamin E group (Group II)

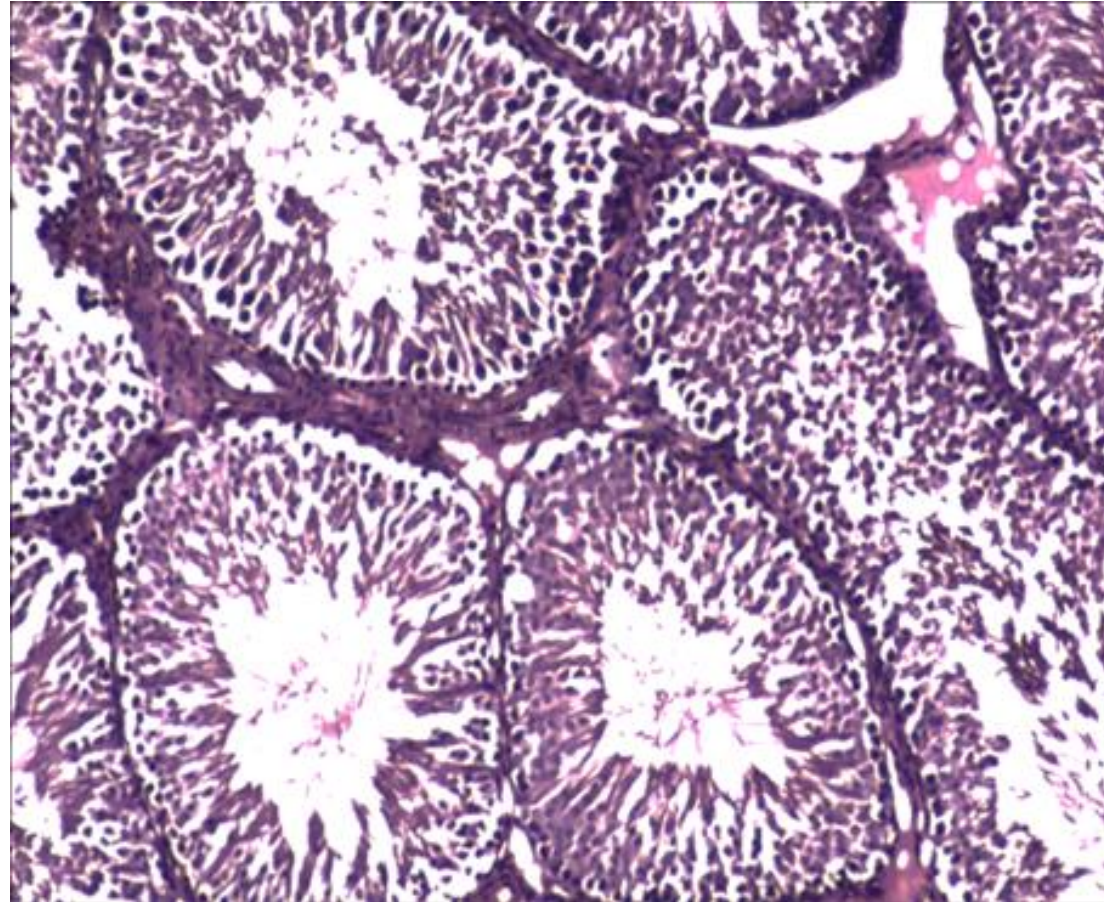


Figure 3: Photomicrograph shows some degenerative changes in the seminiferous tubule with significantly reduced of spermatozoa in rats treated with bisphenol (Gr.III)



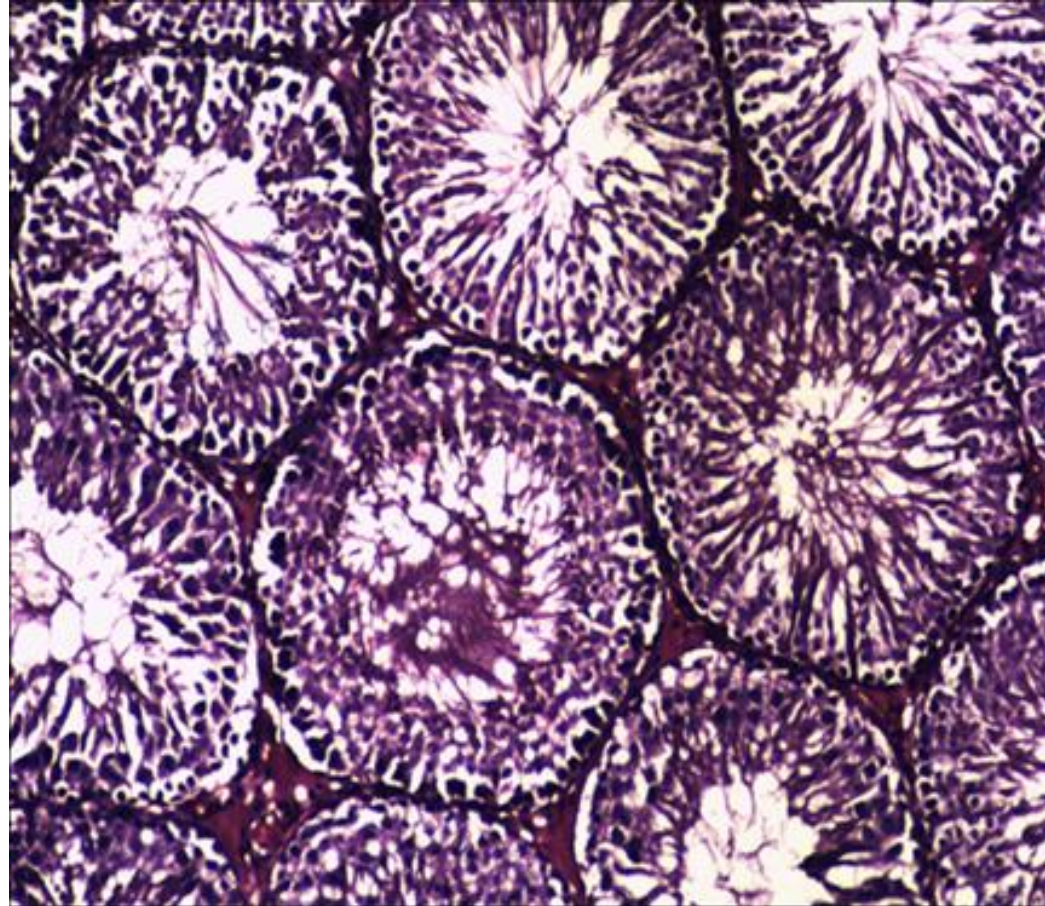


Figure 4: Photomicrograph of rats testis shows no change is the normal architecture of the seminiferous tubule but the spermatogenesis is affected to a little extent (Gr. IV)

# DISCUSSION

- The results of the present study showed that administration of bisphenol (25mg/kg bw/day) showed a significant decrease in the testicular tissue level of GSH and increase in MDA. This indicated the tissue damage induced by bisphenol.
- The results of the present study also showed an increase in sperm count, testosterone levels and a decrease in sperm shape abnormalities after administration of Vitamin E.
- These data agree with the previous studies which illustrated that treatment of rats with BPA increases levels of ROS production.

- Vitamin E has numerous important roles within the body because of its antioxidant activity.
- Our study also showed a protective role of Vitamin E in reducing bisphenol induced oxidative stress on testicular parameters of wistar rats.

# CONCLUSION

The results of this study revealed that oral BPA administration induced adverse oxidative effects on the exposed animals and

Treatment with vitamin E provided a protective antioxidant role against such adverse effects.



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thank you!

