“Comparative Study of Emotional Labor and Burnout on Life Satisfaction Among School Teachers Across Different Educational Settings”

Meghana V. Dharmapalan
The study aimed to study the emotional labor and burnout on life satisfaction among school teachers across government, private aided and private school sectors. Potential participants were given invitation to participate in present research study by sending google form invites in various social networking sites. A total of 90 school teachers across India, 30 each from government, private aided and private sectors participated in the study, by filling out three scale, emotional labor scale (Brotheridge and Lee, 2003), job burnout scale (Surana and Singh 2009), and satisfaction with life scale (Diener et al., 1985). Results of the study revealed no significant correlation between the variables across the different educational settings. The findings of the study have provided insight into the variables and its effect among government, private aided and private unaided teachers. Possible implications could be adding to the knowledge gap and providing an understanding of factors that may influence the mental health of teachers within the educational system.

Key words: emotional labor, burnout, life satisfaction, mental health, school, India.