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EMOTIONAL INTELLIGENCE, JOB SATISFACTION AND PSYCHOLOGICAL WELL-BEING AMONG NURSES

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ABSTRACT

Objective: The purpose of the study is to assess the role of Emotional Intelligence in job satisfaction and psychological well-being among nurses

Study method: The descriptive, correlational, cross-sectional study was conducted on 120 nurses from tertiary hospitals in Mangalore, between the age group of 25- 50, including both men and women. The study was done using a questionnaire approach and the scales used were Wong and Law Emotional Intelligence Scale, Job Satisfaction Survey and Psychological General Well-being scale.

Results: The results show that Emotional Intelligence can play a significant role in shaping Psychological well-being. ($b = 3.729$, $p < 0.001$) and 0.313 correlation. And also Emotional intelligence is not associated with job satisfaction. ($b = 2.1$, $p > 0.001$) and correlates only to 0.122.

Conclusion: Emotional intelligence is linked to psychological well-being in nurses to 9.8% and is significantly correlated. And Emotional Intelligence is not significantly associated with Job satisfaction.

Key words: Emotional Intelligence, Job Satisfaction, Psychological well-being

