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PATTERN AND VARIATIONS IN ONSCREEN TIME SPENT BY MBBS STUDENTS OF KASTURBA MEDICAL COLLEGE MANGALORE

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Our study was assessed the on-screen time spent by MBBS students of KMC Mangalore .Total responses collected were 188 from all the batches .Online classes take maximum of the on screen time of students followed by OTT and social media , youtube & gaming .47% students watch OTT daily 60% of which watch more than 3 episodes per day.The most common as well as preferred OTT was Netflix. For gaming 76% of 48 students devoted < 2 hours per day while the rest 30 % play games daily.The source of internet they predominantly used by the students is Wi-Fi.

Keywords: onscreen time, OTT, Social media, Medical Students