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A study on the psychosocial maladjustment and personality of children of alcoholics among graduates studying in affiliated colleges of Manipal Academy of General Education.

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"Abstract:

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Objectives: assess the psychosocial maladjustment (PSM) and personality, compare the PSM and personality between the children of alcoholics (COA) and non-alcoholics (CONA) and find the relationship between the PSM and personality. Materials and Methods: Cross-sectional survey (N=230) was conducted among graduates using PSM Scale and BFI. Results: There was no relationship between PSM and personality. Significant difference was found between PSM [t (228) = 4.17], agreeableness [t (228) = 5.95], neuroticism [t (228) = 6.95] and openness [t (228) = 6.57] domains of personality of COA and CONA. There was an association between order of birth and PSM [ $\chi$ 2(4) = 9.98], extraversion [ $\chi$ 2(6) = 15.06] and openness [ $\chi$ 2(4) = 9.99] as well as gender and neuroticism [ $\chi$ 2(3) = 11.87]. Conclusion: It is interesting to study the variables which help the present population to cope with the maladjustment and develop normal personality.

Key Words: PSM, personality, children of alcoholics