

9-1-2020

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### Recommended Citation

Beldar, Vishal G. and Sidat, Parin S. (2020) "Ethnomedicinal Plants used in Maharashtra for Treatment of Various Diseases and Disorders," *Manipal Journal of Pharmaceutical Sciences*: Vol. 6 : Iss. 2 , Article 3. Available at: <https://impressions.manipal.edu/mjps/vol6/iss2/3>

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# Ethnomedicinal Plants used in Maharashtra for Treatment of Various Diseases and Disorders

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## Abstract

### Abstract

Since human civilization, people have been dependent on nature for their daily needs, and chiefly on plants as a source of medicine. This reliance led to the development of an exclusive system of knowledge known as ethnobotany, which consists of the relationship between plants and their use for various diseases and disorders by the trial and error method. The current review study is an attempt to gather the ethnomedicinal plants used in Maharashtra to treat multiple diseases and disorders. From various revealing literature sources, information has been compiled, mentioning the plant's family, parts used, method of preparation, etc. In Maharashtra, around 417 plant species belonging to 101 families have been used for primary healthcare. Plants from families like Acanthaceae, Asteraceae, Caesalpiniaceae, Cucurbitaceae, Euphorbiaceae, Fabaceae, Lamiaceae, Liliaceae, Malvaceae, and Poaceae were most frequently utilized in Maharashtra. The people of Maharashtra use these medicinal plants as a single dose or in combination with others. This review article includes 195 medicinal plants from various plant families.

**Key words:** Diseases and disorders, Ethnobotany, Ethnomedicine, Maharashtra, Traditional Medicinal Plants

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Date of Submission: 18 Jul 2020, Date of Revision: 20 Jul 2020,  
Date of Acceptance: 24 Jul 2020

**How to cite this article:** Beldar V G, Sidat P S. Ethnomedicinal Plants used in Maharashtra for Treatment of Various Diseases and Disorders. *MJPS* 2020; 6(2): 12-36.