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## METFORMIN VERSUS INSULIN IN THE MANAGEMENT OF **GESTATIONAL DIABETES**

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## METFORMIN VERSUS INSULIN IN THE MANAGEMENT OF GESTATIONAL DIABETES

Diabetes mellitus is one of the most common medical conditions complicating pregnancy. Gestational diabetes mellitus is defined as – "Any degree of carbohydrate intolerance that begins or is first recognized during pregnancy ". Prevalence of diabetes is reported to vary from  $1.4\,\%$  to  $14\,\%$  globally depending upon the screening method used, criteria for diagnosis and the population screened.

Keywords: Metformin, Gestational diabetes mellitus, Insulin, Glycemic profile