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## **Occupational therapy Health Promotion Interventions for Community-dwelling Older Adults: A Scoping Review**

Shashank Mehrotra

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## **Occupational therapy Health Promotion Interventions for Community-dwelling Older Adults: A Scoping Review**

### **Abstract:**

**Introduction:** Population aging is an inevitable process. It is predicted that, by 2025, there is to be an increase in the world's population aged 60 years and older to a total of 2 billion, up from 900 million in 2015 (WHO, 2018). Health promotion intervention is one such strategy that can be applied to improve the health and lifestyle of the elderly (Duplaga, M., Grysztar, M., Rodzinka, M., & Kopec, A. 2016). We aimed to review the available health promotion intervention protocols, facilitators, and barriers to such interventions, and the experiences of older adults after receiving these interventions.

**Methods and analysis:** This scoping review follows Arksey and O'Malley (2005) framework. We included the following databases: Scopus, Web of Science, PubMed, ProQuest, Cumulative Index to Nursing and Allied Health Literature. We included the literature published from January 2001 onwards. Two reviewers independently screened eligible studies for inclusion. Titles and abstracts were reviewed in the first stage and full texts were reviewed in the second stage. We extracted the study design, details of the intervention provided, outcomes and experiences of occupational therapists and clients, and further organise them for better understanding. Total of 37 articles were included in the review.

**Ethics and dissemination:** As a secondary data analysis, this scoping review did not require ethics approval. Results summarised the existing literature related to various health promotion interventions provided by occupational therapists among community-dwelling older adults. We plan to disseminate the results through peer-reviewed journals and conferences, targeting occupational therapists.