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CASUAL SEXUAL SCRIPTS OF WOMEN FROM A MOBILE DATING PERSPECTIVE: A QUALITATIVE STUDY

VYSHNAVVI REDDY

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FROM A MOBILE DATING PERSPECTIVE:
A QUALITATIVE STUDY**



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APRIL 2022

VYSHNAVVI REDDY K



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MAHE, MANIPAL

CERTIFICATE

This is to certify that the dissertation on “**Casual Sexual Scripts of Women from a Mobile Dating Perspective: A Qualitative Study**”, has been completed by **Vyshnavvi Reddy Katpally** (201199025) under our supervision. We are satisfied with the work presented by the candidate towards the partial fulfilment of Masters of Science in Clinical Psychology.

Ms. Indu Toby

Assistant Professor

Department of Clinical Psychology

MCHP, MAHE, Manipal

Dr. Sumita Rege

Associate Professor

Department of Occupational Therapy

MCHP, MAHE, Manipal

Date: 30/04/2022



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Dr. Sebastian Padickaparambil

Associate Professor and Head

Department of Clinical Psychology

MCHP, MAHE, Manipal

Head
Dept. of Clinical Psychology
Manipal College of Health Professions
MAHE, Manipal - 576104

Dr. G Arun Maiya

Dean and Professor

MCHP,

MAHE, Manipal

Dean
Manipal College of Health Professions
MAHE, Manipal - 576104


Date: 30/04/2022

DECLARATION

I, **Vyshnavvi Reddy Katpally** hereby declare that the study presented in this dissertation titled “**Casual Sexual Scripts of Women from a Mobile Dating Perspective: A Qualitative Study**” was conducted by me, under the supervision of **Ms. Indu Toby**, Assistant Professor, Department of Clinical Psychology, MCHP, MAHE and **Dr. Sumita Rege**, Associate Professor, Department of Occupational Therapy, MCHP, MAHE.

I also declare that no part of this study has either been previously published or submitted for any degree or diploma in this or any other university.

Date: 30/04/2022


Vyshnavvi Reddy Katpally

Place: Manipal, Karnataka

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I see my journey of completing this thesis as one marked with minute milestones every now and then. I could not have gotten past them without the support of a few very important people.

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Finally, I would like to extend my gratitude to all the participants for taking time out to understand the purpose of my work and extensively describing their experiences. I appreciate their efforts to go out of their way and talk about something that is usually brushed under the carpet.

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Abstract

Introduction: Sexual scripts are considered to be a repository of appropriate and conventional roles, status, and modes of expression of sexual aspects of the self, not only behaviours. Several theories have come up explaining the psychological mechanisms governing these scripts. It is believed that casual sex can also be greatly scripted and these casual sexual scripts are a product of many influences. The present study aims to explore casual sexual scripts of young women actively using mobile dating apps.

Methodology: A qualitative research design was adopted for the same. Using snowball sampling, ten participants with high scores in ‘Sexual Experience’ factor on the Tinder Motives Scale (Timmermans & De Caluwé, 2017) were selected for in-depth interviews. The data gathered was analysed using thematic analysis.

Results: 332 preliminary codes were generated during analysis. The codes were combined to develop 11 categories which were then grouped into 3 themes – the progression of casual sexual scripts, evolution of the self, and influences on casual sexual scripts.

Conclusion: Casual sexual scripts of women using dating apps begin developing on the online medium itself that continues even after engaging in sexual intercourse. These scripts are likely to evolve over time, especially in case of experiencing exceptions to it. The self also undergoes change within itself and between itself and the others. The entire phenomenon cannot be understood in the absence of the different influences on these scripts, including media, family, friends, personality, current experience and the society.

Keywords: *casual sexual scripts, hookups, evolution, influences, sex*