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**"RELATIONSHIP BETWEEN COGNITIVE FLEXIBILITY, SUBJECTIVE  
VITALITY AND LEVELS OF PHYSICAL ACTIVITY AMONG  
UNDERGRADUATE STUDENTS ATTENDING ONLINE CLASSES"**

NEERAJA r

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ATTENDING ONLINE CLASSES**



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APRIL 2022

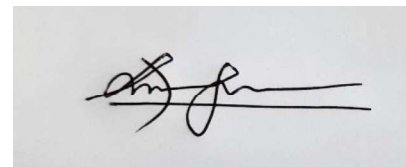
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**MANIPAL COLLEGE OF HEALTH**

**PROFESSIONS**

**MAHE, MANIPAL**

**CERTIFICATE**

This is to certify that the dissertation on **“Relationship between Cognitive flexibility, Subjective vitality and Levels of physical activity among undergraduate students attending online classes”** has been completed by **Neeraja R (201199006)** under my supervision. I am satisfied with the work presented by the candidate towards the partial fulfilment of Masters of Science in Clinical Psychology.

**Ms. Indu Toby**

**Assistant Professor**

**Department of Clinical Psychology**

**MCHP, MAHE, Manipal**

Date: 30/04/202



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## CERTIFICATE

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**Dr. Sebastian Padickaparambil**

**Associate Professor and Head**

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**Dean**  
Manipal College of Health Professions  
MAHE, Manipal - 576104

## **DECLARATION**

I, **Neeraja R** hereby declare that the study presented in this dissertation titled **“Relationship between Cognitive flexibility, Subjective vitality and Levels of physical activity among undergraduate students attending online classes”** was conducted by me, under the supervision of **Ms. Indu Toby**, Assistant Professor, Department of Clinical Psychology, MCHP, MAHE.

I also declare that no part of this study has either been previously published or submitted for any degree or diploma in this or any other university.

**Date: 30/04/2022**

**Neeraja R**

Place: Manipal, Karnataka

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**Neeraja R**

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