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## **"Relationship Between Impulsivity and Cognitive Distortions in Young Indian Adults"**

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# **Relationship Between Impulsivity and Cognitive Distortions in Young Indian Adults.**



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**April 2022**

**Disha Toshniwal**



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**MANIPAL COLLEGE OF HEALTH PROFESSIONS  
MAHE, MANIPAL  
CERTIFICATE**

This is to certify that the dissertation on Relationship between Impulsivity and Cognitive Distortions in young Indian Adults has been completed by **Disha Toshniwal** (201199011) under supervision of **Ms. Sahithya BR**. We are satisfied with the work presented by the candidate towards the partial fulfilment of Master of Science in Clinical Psychology.

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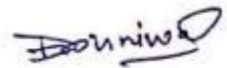
**Guide details: Ms. Sahithya BR**  
**Asst. Professor**  
**Department of Clinical Psychology**  
**MCHP, MAHE, Manipal**

**Date: 18/04/2022.**

## **DECLARATION**

I, Disha Toshniwal, hereby declare that the study presented in this dissertation “Relationship between Impulsivity and Cognitive Distortions” was conducted and completed by me, under the supervision of Dr Sahithya BR in partial fulfilment of the requirements for the award of the degree of MSc Clinical Psychology from Manipal College of Health Professionals, MAHE, Manipal.

I also declare that no part of this study has either been previously published or submitted for any degree or diploma in this or any other university.



**Disha Toshniwal**

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**Disha Toshniwal**

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