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EFFICACY OF ACUPUNCTURE ON GLAUCOMA PATIENTS - A SCOPING REVIEW

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ABSTRACT

PURPOSE: The objective of this study is to assess the effectiveness and safety of acupuncture in patients with glaucoma.

METHODS:

SEARCH DATABASES: PubMed, google scholar

RESULTS:

A total of 30 studies were identified in the literature search. However only 5 studies were eligible for analysis. All the five studies demonstrated the effects of acupuncture on glaucoma patients. Although the methods varied considerably, most of the studies included in this review reported positive results.

CONCLUSION

Glaucoma is the second biggest cause of blindness in the world, impacting about 70 million people. The major goal of glaucoma treatment is to prevent not just blindness but also disease progression to the point when the patient's vision-related quality of life is negatively impacted. The only known strategy for treating glaucoma is to lower intraocular pressure. Over 500 patients treated revealed that this modality can be effective in the treatment of retinitis pigmentosa, myopia, cataracts, and other eye problems. A growing number of people are interested in learning more about the effects of acupuncture on glaucoma patients. Given the disparate results of the published studies in our study, greater methodological quality of research investigations are required to generate a more consistent picture.

KEYWORDS: acupuncture, acupoints, glaucoma, intra ocular pressure, systemic reviews, alternative therapy, complementary therapy

